

Foods most likely to contain **peanuts** or tree **nuts** include:

- Cakes, biscuits, pastries, ice cream, desserts.
- Cereal bars, confectionery.
- Vegetarian products such as veggie burgers.
- Salads and salad dressings.
- Satay sauce, curries, Chinese, Thai or Indonesian dishes.
- Marzipan and praline.